



inspired

a parent

a volunteer

a runner

kind

a swimmer

a philanthropist

healthier

a friend

a camp kid

wiser

be
your
best.

be yourself.

Whether you want to lose weight or gain self-esteem, we have the classes, the facility and the professional guides to help you help yourself. Our facility is high-tech, yet comfortable and inviting, so you can be your best...and be yourself. Whether you want to be a runner, a weightlifter or just a kid, the Greater LaGrange YMCA the place to be!

belong to your community.

The Greater LaGrange YMCA is a unique reflection of your community. Your neighbors. Your needs. What's more, our community-based programs touch the lives of thousands of infants, children, teens, adults and seniors. The Greater LaGrange YMCA is working hard to be sure than everyone has a healthier future.

get a member.

If you are already a member, tell your friends and family about the promotion. For each membership unit that you refer we will give you a **FREE** month of membership. Just make sure they put your name on their membership application.

belong to the Greater LaGrange YMCA today!

www.ymcachgo.org

\$0 joiner fee*

January 2-31, 2008

Greater LaGrange YMCA

An affiliate of the YMCA of Metropolitan Chicago
1100 E. 31st St.
LaGrange Park, IL. 60526
708.352.7600
www.ymcachgo.org

*Offer valid at participating YMCAs. Programs vary by location.



1 guest pass
good for one day visit

Valid through December 31, 2008,
At participating YMCAs of Metropolitan Chicago